

Gifted Education Cooperative



Presents:

Ask an Expert About:

Anxiety

A GECO Coffee With

Susan Myket, PhD

Friday, April 29th, 2011

9:30-11:15 a.m.

District 181 Admin Center behind Elm School

6010 South Elm, Burr Ridge IL 60527

What are the early warning signs of anxiety?

What can we parents do to help alleviate anxiety in our kids?

Are there parenting strategies that help avoid anxiety?

What do you do when your child has a panic attack?

How do you know when your child needs professional help?

Bring your questions and a cup of your favorite brew and join us for this informative session!

Dr. Susan Myket is a graduate of Northern Illinois University's Clinical Psychology Program, Child Track. She completed her pediatric postdoctoral fellowship at Linden Oaks Hospital at Edward. She went on to develop the Anxiety Outpatient Treatment Program for the hospital and then an Anxiety Clinic in local private practice in Naperville with Dr. Mark McKee before founding Susan Myket and Associates. Dr. Myket is a professional member of the Anxiety Disorders Association of America and the APA Society of Clinical Child and Adolescent Psychology amongst others.

Questions? Contact geco@arvamont.com